

Banning Senior Center

Spotlight 2017

February

Banning Senior Citizens Advisory Board

*Kermit Barnett President,
Epifania Walker, Vice- President
Board Members: Rocky Saragosa,
Hattie Perry, Leighton Jayasekera,*

*The advisory board meets on the third
Tuesday of the month at 1:00 p.m. at the
Banning Senior Center Senior Center*

Staff:

*Ana Sandoval
Program Coordinator
Lynette Espinoza and Justin Landingham
Recreational Leader
And all of the wonderful Volunteers.*

Be My Valentine

Tuesday, February 14th

11:30 am

Nachos, Drinks and Sweet treats!

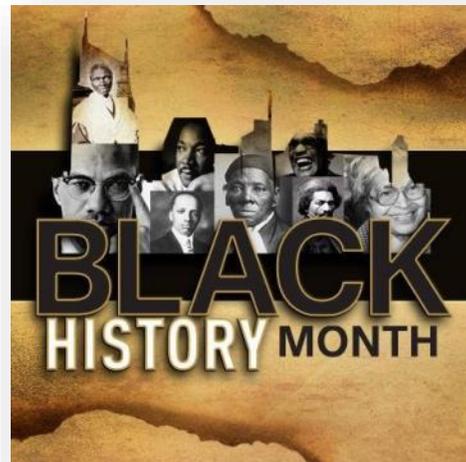


Black History Month Celebration

Friday, February 24th

10:30am

Refreshments will be served.



Happy

VALENTINE'S

DAY

Senior Center and Nutrition Site

Will be closed on

Monday, February 20th

For President's Day!



A Secret Valentine Message

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A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

Valentine's Word Search

VALENTINE
HEART
KISS
HUG
LOVE

RED
CANDY
CARD
CUPID
FLOWERS

S	A	C	V	A	O	E	S	F
W	R	O	A	R	G	U	H	L
Y	E	N	L	S	D	I	T	O
D	D	H	E	A	R	T	A	W
N	L	N	N	D	A	Y	R	E
A	E	T	T	C	I	D	E	R
C	K	K	I	S	S	P	N	S
N	S	M	N	A	L	E	U	O
L	O	V	E	P	D	R	A	C

Weekly Class & Program Schedule

Monday-

Walk with Ease

7:45– 9:00 a.m.

Fit After 50 –9:00 a.m.-10:00am

Bridge 9:00 a.m.

Fill the Cupboard 9:00– 1:30 p.m.

Advance Spanish 9:30 a.m.

Zumba Gold 10:30– 11 :30a.m.

Nutrition Site Lunch 11:30 a.m.

Tuesday-

Knit & Crochet 9:30 a.m.

Beginning Spanish 9:30 a.m.

Nutrition Site Lunch 11:30 a.m.

Wednesday-

Walk with Ease

7:45– 9:00 a.m.

Yoga 9:30 a.m. & 5:30 p.m.

Fill the Cupboard 9:00– 1:30pm

Fit After 50– 9:00 a.m.-
10:00am

Nutrition Site Lunch 11:30 a.m.

Zumba Gold 10:30-11:30

Thursday-

Walk with Ease

7:45– 9:00 a.m.

Fit After 50– 9:00 a.m.-10:00am

Bridge 9:00 a.m.

Our Creation Crafts Club 10:00 a.m.

Salvation Army 10:00 a.m.

English Class 9:30-11:00 a.m.

Friday-

Learn, Laugh & Knit

9:00 a.m.– 11:00 a.m.

Nutrition Site Lunch 11:30 a.m.

Bingo 12:30– 3:00 p.m.

Zumba Gold 10:30-11:30a.m.



Come Play Bingo

At the Banning Senior Center every Friday 12:30-2:30pm

Special Bingo February 24th

Wear shades of Red for a chance to win a prize!

Tea Time

Don't forget that fancy hat!

Wednesday, February 15th ; 12:30pm

Popcorn and a Movie

Every Thursday at 12:00pm

Enjoy a movie and popcorn on us!

February Birthday Celebration

Special Thanks to Care 1st Health Plan
for donating this month's cake.

**Join us Wednesday, February 22nd
at 11:30am for cake!**



Craft Class Schedule

Every Thursday at 10:00am

Remember to always bring your crafting supplies to each class. Example: Glue Gun, Glue Sticks, Mod Podge, Scissors, Foam brushes, paint brushes, wire cutters etc.

Project schedule will be discussed the last Thursday of each month.

Important Numbers

Community Services Department– 951-922-3242

Banning Senior Center– 951– 922-3250

Banning Pass Transit– 951– 922-3243

Banning City Hall– 951– 922-3105

Banning Chamber of Commerce– 951-849-4695

Banning Police Department– 951-922-3170

Paralegal Service (9am-10am Tue, Wed, and Thurs. only)

951-320-7500

San Gorgonio Memorial Hospital– 951-845-1121

Office on Aging– 1-800-510-2020

Social Security 1-800-772-1213

Salvation Army– 951-653-9131

Notary Services are provided by appointment Only!

951-922-3250

Banning Library-951-849-3192

Grandparents Raising Grandchildren Program-

951-791-3594

Habitat for Humanity– 951-769-7600

County of Riverside Department of Public Health–

951-358-5311

Reliable Energy Utility Assistance Program (Gas Company)

1800-331-6593

Meals on Wheels-1800-510-2020 / 951-683-7151

Riverside County Resources – 211

Providing information and referral to:

- Food Assistance
- Shelter and Housing Services
- Employment Opportunities
- Health and Dental Care
- Legal Assistance
- Support groups
- Disability Services and 2800 additional programs.

An operator is available 24 hours a day/ 7 days a week

* All calls are confidential

Senior Center Library

All books are only ten cents each. We have a wide selection of books in our library.

We are not accepting book donations at this time.

Librarian: Maxine Grey

Senior Boutique

Come visit us! Open daily from 9:00am.- 12:00pm

The boutique carries clothing, shoes and many home items.

We do not take large items or electronics.

(All items must be clean)

Thank you!

911 Senior Emergency Cellular Phone Program

Cellular phones are delivered to at-risk seniors 60 years of age or older who live alone, or with a caregiver, and may have difficulty reaching a stationary phone in an emergency. The phones are not connected to a service, but are still capable of connecting the Senior to the

911 emergency response system.

To learn more about the program call:

1-800-510-2020



Senior Center Bus Trips!



Valley View Casino

Wednesday, March 8th

Departure: 7:30am

From Banning Community Center

789 N. San Geronio Ave.

Return: 4:30pm

Cost: \$35.00 per person

Free \$25.00 Slot Play with photo id.

Manifest deadline will
be February 22nd

Must be 21 and older!

No Refunds!

Space is limited!



For more information please call

951-922-3250

**BUS TRIP TO DOWNTOWN
LOS ANGELES (Santee Alley)
& CHINA TOWN**

Board our 56 passenger bus Wednesday, April 12th

Departing at 7:30am

from Banning Community Center

Located at 789 N. San Geronio Ave.

Arriving at destination, approximately 9:30am

Shopping on your own (approximately) 3 1/2 hours.

Be back on the bus at 1:00pm and head to China Town for lunch on your own.

Approximately 2 1/2 hours for lunch/site seeing.

Back on the bus 4:00pm

\$20.00 per person due no later than March 10th.

Contact : Kate Murphy 951-922-2510

Or email me at cakatie@hotmail.com

Use LA Trip in your subject line.



Program Information

Lions Club International

RECYCLE FOR SIGHT

DONATE USABLE EYEGLASSES AT



BANNING SENIOR CENTER

769 North San Geronio Ave.

Fit After 50-An exercise program to increase strength, balance and mobility.

Monday/ Wednesdays/ Thursdays

9:00 a.m. Free!

Community Center Gym



Braille Institute offers a wide array of programs and services designed to help people with vision loss lead enriched and fulfilling lives. Funded entirely by private donations, all of our services are completely free of charge.

Want to talk to someone now?

For more information call

1-800-BRAILLE (272-4553)

Monday - Friday, 9 a.m. to 4 p.m.



Braille Institute offers free transportation to/from its facility in Rancho Mirage for free classes for those with low vision.

Pick up is Wednesday at 8am at Pass Hospital.

For more information, please call (760)321-1111.

Salvation Army

Registration for monthly food distribution every

Thursday :10:00 a.m.– 12 noon

Must be a Banning, Beaumont and Cabazon

resident. The program is held in the Community Center located at 789 N. San Geronio Ave.



Zumba Gold fitness programs creates a party-like atmosphere, that is easy to learn and great for the mind, body and soul. Active adults want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold® fitness is the perfect fit. It's a dance-fitness class that feels friendly, fun and great for all ages and genders. Mondays, Wednesdays and Fridays @ 10:30-11:30
Cost: \$3.00 per class
Instructor– Diana Benhar



YOGA-WEDNESDAYS 9:-30A.M.

REDUCE STRESS— INCREASE FLEXIBILITY

IMPROVE BALANCE— PROMOTES

STRENGTH, HEIGHTENS CARDIO CONDITIONING

PROMOTES WELL-BEING & EQUANIIMITY

AND SO MUCH MORE! JUST SHOW UP, ACCEPT WHERE YOU ARE AND WE'LL GO FROM THERE. BRING YOUR OWN YOGA "STICKY" MAT.

FREE LINE DANCING

BANNING COMMUNITY CENTER

6:00PM -7:00PM; TUESDAYS AND FRIDAYS

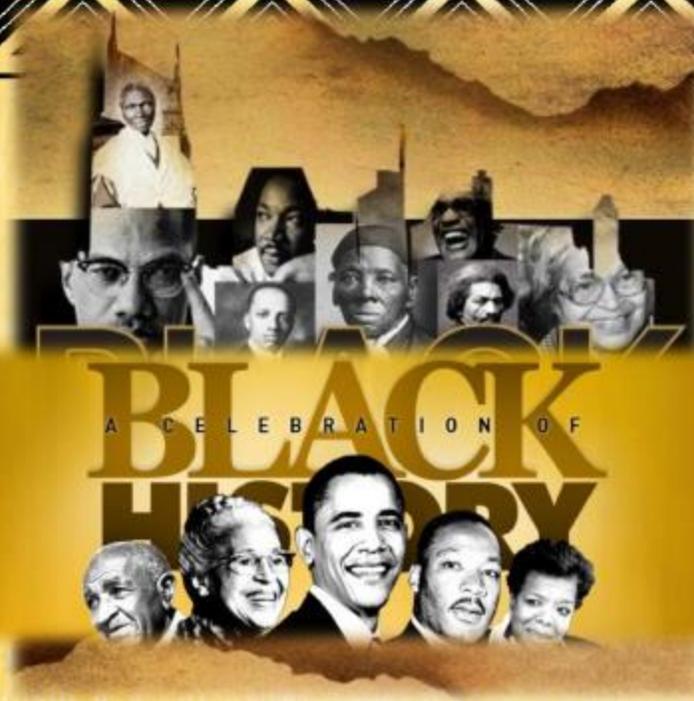


Fill the Cupboard

This program is available for Banning Seniors needing extra help with food.

Please stop by the Banning Senior Center on Mondays and Wednesdays only from 9:00 - 11:00 a.m.





Black History Month Celebration

Friday, February 24th

10:30am

Entertainment by

Jerome Robinson and JoEL Williams

Short Story by Debbie Franklin

And others.

Historical Photos and Art Pieces will be displayed.

Refreshments and Door Prizes

Banning Senior Center

769 N. San Gorgonio Ave.

Banning, CA. 92220

(Corner of San Gorgonio and Wilson)

951-922-3250

Banning Senior Center
P.O. Box 998
769 North San Geronio Ave.
Banning, California 92220

Return Service Requested

Office Hours:

Monday-Thursday 9:00a.m.-2:00 p.m.

Fridays 9:00a.m.-3:00 p.m.

Office: 951-922-3250

