

FUN IN THE SUN



At the Repplier Park Aquatic Center

OPEN SWIMMING FOR ALL AGES

Beginning Saturday, May 28th
Mon- Wed- Fri - Sat 12:00pm – 3:00pm

Family Night Swim

Tues & Thurs 6:00pm – 9:00pm

Admission

Youth (17 yrs. & under) \$ 1.50/day

Adults (18-59 yrs) \$ 2.50/day

Senior (60 yrs. & over) \$ 1.50/day

LAP SWIMMING AND WATER EXERCISE CLASSES

LAP SWIMMING

Monday through Saturday

16 & Older

10:45am – 12:00pm

Based on number of participants, swimmers may be required to share lanes

Daily admission is the same as recreational swimming or Season Pass is \$40.00

WATER EXERCISE

Monday & Wednesday 6:30pm – 7:15pm

This is an easy-paced class of no impact aerobic exercise. Exercises that are done in class are great for beginners and individuals who need to increase their range of motion.

Cost is \$25.00 a 10 card/punch pass, or \$3.00 per class if paid daily.

INSTRUCTIONAL SWIM CLASSES

Parent and Tot

This is a pre-swimming class where the parent is in the water too! Games and structured activities help the child adjust to the water. Parents learn to interact in the water with their child. It is a great class to spend quality time one-on-one with your child.

Ages 4 & up

Classes follow the American Red Cross skill standards. Classes are taught by trained Lifeguards under the supervision of American Red Cross Water Safety Instructors (WSI) certified. Students will be grouped by age within skill levels. Class maximum enrollment is 6 students.

-Lessons are \$40/resident \$45/non-resident for two-week course, consisting of 40 minute lessons for eight days, Monday – Thursday.

Session Dates

Session I - June 6 through June 16*/**

Session II - June 20 through June 30

Session III - July 5 through July 14**

Session IV - July 18 through July 28

Session V—August 1 through August 11

Session VI— August 15 through August 25 */**

*Afternoon Classes only

**Adult Classes available

Class Times

Morning: 9:15 am & 10:00 am

Afternoon: 4:15pm & 5:00pm





**Monday, May 30th
(Memorial Day)**

6:00-9:00pm

Children 10 and under swim free!

Music & Barbecue

Food will be available for purchase.

For more information please call

951-922-3242

Swim Lesson Level Description

Parent/Tot

- Ages: 2-3yrs

Parent or responsible adult must be in the water with child

The purpose of this class is to help develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in, on and around water.

Preschool Aquatics Levels 1 & 2

- Age: 3½ - 5 years

Min/Max: 4/6 per class

Preschool Aquatics Level 1-Helps participants feel comfortable in the water and begin to develop fundamental skills such as breath control.

Preschool Aquatics Level 2-Builds on Level 1 skills and gives the participant success with fundamental skills such as floating and basic locomotion.

Ages 6 & above

Level 1: INTRODUCTION TO WATER SKILLS

There are no prerequisites for this course. The objective of Level 1 is to help students feel comfortable in the water and to enjoy the water safely. Level 1 participants learn to: enter and exit the water safely, submerge mouth, nose and eyes, exhale and open eyes under-water, roll over from front to back and back to front with support, explore floating on front and back with support, explore swimming on front and back using arm and leg actions with support.

Level 2: FUNDAMENTAL AQUATIC SKILLS

Student must have passed or show competency in Level 1 skills. This level marks the beginning of true locomotion skills. Level 2 participants learn to: Enter water by stepping from the side, exit water safely using ladder or side, submerge entire head, blow bubbles (bobbing), open eyes underwater, float on front and back, front and back glides, change directions, roll over from front to back and back to front, tread water, and swim on front, back and side using combined arm and leg actions.

Level 3: STROKE DEVELOPMENT

Student must have passed or shown competency in Level 2 skills. Level 3 participants learn: rotary breathing, front and back glides, float on front and back in deep water, change from horizontal to vertical position on front and back, front and back crawl, and butterfly-kick and body motion.

Level 4: STROKE IMPROVEMENT

Student must have passed or shown competency in Level 3 skills. The objective of level 4 is to develop confidence in the strokes learned and improve other aquatic skills. Level 4 participants learn to: swim underwater, open turns on front and back treading water, front and back crawl, breaststroke, butterfly and elementary backstroke.

Jr. Lifeguard Summer Program



Attention! Jr. Lifeguard Training

Ages: 12-14

June 20th - July 27th

Training will be held throughout the summer!

Must already know how to swim!

Mondays & Wednesdays

Hours: 11:00 p.m.– 2:00 p.m.

Costs \$50.00, includes T-shirt

Replier Park Aquatic Center

You must provide your own Red Swimsuit & Shorts.

Must bring their own lunch & snacks.

Space is limited!

Banning Municipal Pool

Rules and Regulations

- Proper swim suits are required. This includes no sports bras, leotards, zippered short or denim. No cut-offs or other apparel may be worn in the pool. Shorts must be worn to waist level or higher.
- Children under 12 must be accompanied into the pool area by a responsible adult at least 18 years of age.
- Patrons are required to shower before entering the pool.
- Abusive or profane language will not be tolerated. This includes sexual remarks.
- Smoking, alcoholic beverages, drugs, weapons, and gambling are not permitted. Repeated warnings will result in calling the police.
- There must be no running, rough play, or fighting on the deck or in the water. Dunking, riding shoulders, etc. is not allowed. Patrons are not allowed to throw other patrons into or across the water. Diving off shoulders or hands of another is not permitted.
- Diving or jumping is not allowed.
- Swimmers must stay off lane ropes, safety lines, and guard chairs.
- Admission to pool may be denied for any of the following reasons:
 - ◊ Intoxication or under influence of drugs of any kind.
 - ◊ Evidence of contagious or communicable disease (skins sores, inflammation of eyes, discharge from the ears or nose, or sun blisters).
 - ◊ Any person whose admittance would be detrimental to the safety of patrons, him/herself, or the operator of the pool.
 - ◊ Those under 12 years without an adult (exception: parents who are under 18 with children).
- Loitering is not permitted at pool entrance.
- Only employees are permitted in the pool and staff office, filter areas, mechanical rooms and storage rooms.
- Animals are not allowed inside the pool area.
- Toys will not be permitted in the pool at any time.
- Swim fins are allowed during lap swim only.

MANAGER ON DUTY MAY EJECT OR SUSPEND PERSONS FROM THE POOL AREA FOR VIOLATION OF POOL RULES, NOT FOLLOWING LIFEGUARD INSTRUCTION, HARASSMENT OF LIFEGUARDS OR SUPERVISORS, OR ANY OTHER ACTION DETRIMENTAL TO THE SAFE AND ORDERLY OPERATION OF THE POOL. IN CASES INVOLVING CHILDREN, PARENTS WILL BE ASKED TO CONTACT MANAGER AND IN SOME CASES THE POLICE DEPARTMENT MAY BE CALLED.

Water Slide Rules

- ◇ Riders must be age 5 or older and be a minimum of 48” tall or pass a swim test.
- ◇ Riders are to wait until the lifeguard at the top of the slide gives the OK before beginning their ride.
- ◇ Mats or inflatable tubes are not permitted on the slide.
- ◇ Only one rider at a time is permitted. Absolutely no trains or chains of riders allowed.
- ◇ Riders must enter the slide in a sitting position. Do not run or dive when starting off.
- ◇ All riders must ride feet first either sitting or lying down on their backs.
- ◇ Absolutely no riding on stomach or head first.
- ◇ Arms and hands must remain inside the slide. Do not stop or grab the slide hand rail.
- ◇ Riders must exit the roped splash area immediately upon entering the water.
- ◇ Swimming, diving, or jumping into the splash area is not allowed.
- ◇ Riders should be in good health. Pregnant women or individuals with a heart condition are not allowed on the slide.
- ◇ Do not use the slide while intoxicated or under the influence of drugs.
- ◇ All riders must wear swimsuits. Cut-off jeans or trousers are not acceptable.
- ◇ Do not cut in line; wait your turn.